

# TANF Wellness Calendar

Sonora TANF  
14520 Mono Way, Suite 200  
Sonora, CA 95370

Modesto TANF  
4206 Technology Drive. Suite 1  
Modesto, CA 95356

West Point Lions Club  
22283 Highway 26  
West Point, CA 95255

WORKSHOPS ARE OFFERED TO ALL NATIVE AMERICAN  
FAMILIES RESIDING IN TUOLUMNE, CALAVERAS, AND  
STANISLAUS COUNTIES. WORKSHOPS ARE PRESENTED IN  
PERSON AND ON ZOOM. ALL MATERIALS ARE PROVIDED AT  
NO COST TO PARTICIPANTS.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Moccasin Making (Tuolumne) 5:00PM - 7:30PM	3 Moccasin Making (Calaveras) 5:00PM - 7:30PM	4 Moccasin Making (Stanislaus) 5:00PM - 7:30PM	5	6	7 Wellness Workshop #1 10:00 AM - 4:00 PM Modesto TANF
8	9 Moccasin Making (Tuolumne) 5:00PM - 7:30PM	10 Moccasin Making (Calaveras) 5:00PM - 7:30PM	11 Moccasin Making (Stanislaus) 5:00PM - 7:30PM  Nutrition Workshop (Tribal Hall) 5:00PM-7:00PM	12	13	14
15	16 <u>Office Closed</u>	17	18 Family Community Night (Stanislaus) 5:00PM - 8:00PM	19	20	21
22	23 Moccasin Making (Tuolumne) 5:00PM - 7:30PM	24 Moccasin Making (Calaveras) 5:00PM - 7:30PM	25 Moccasin Making (Stanislaus) 5:00PM - 7:30PM  Nutrition Workshop (Tribal Hall) 5:00PM-7:00PM	26	27	28

SPECIAL EVENTS IN FEBRUARY:

- FEBRUARY 2<sup>ND</sup> - GROUNDHOG DAY
- FEBRUARY 14<sup>ST</sup> - VALENTINES DAY
- FEBRUARY 16<sup>TH</sup> - PRESIDENT’S DAY

COMING UP IN MARCH:

- MEDICINE BAG MAKING WORKSHOP
- UNITY PRE-REQUISITES DUE 3/20

Tribal TANF Phone

# 1-844-303-8263

\*All Events are Drug & Alcohol Free

\*Cash Aid clients are priority

Then all other families